

**The Intensive Course Program (Timetable)**  
**January 28 – 3 February, 2008, Lisbon, Portugal**

Time	Mon 28.01	Tue 29.01	Wed 30.01	Thu 31.01	Fri 1.02	Sat. 2.02	Sun. 3.02
9.00 – 10.30	-Sport- <b>Team dynamics (1)</b> Erwin Apitzsch <i>Lund, SE</i>	-Exercise- <b>Ecological Dynamics of Decision making in Sport (1)</b> Duarte Araujo <i>Lisbon, PL</i>	- Sport- <b>Organisation of talent development - Practical experience (1)</b>	-Sport/Exercise- <b>Psychological prediction and rehabilitation of sport injury (1)</b> Urban Johnson <i>Halmstad, SE</i>	-Sport- <b>Consulting Olympic athletes (1)</b> Sidónio Serpa <i>Lisbon, PL</i>	-Exercise- <b>Exercise, sport and self-concept (1)</b> Dorothee Alfermann <i>Leipzig, DE</i>	Half-day trip to Oeiras region (including lunch)
10.30 – 11.00	Coffee Break						
11.00 – 12.15	-Sport- <b>Team dynamics (2)</b> Erwin Apitzsch <i>Lund, SE</i>	-Exercise- <b>Ecological Dynamics of Decision making in Sport (2)</b> Duarte Araujo <i>Lisbon, PL</i>	-Sport- <b>Organisation of talent development - Practical experience (2)</b>	-Sport/Exercise- <b>Psychological prediction and rehabilitation of sport injury (2)</b> Urban Johnson <i>Halmstad, SE</i>	-Sport- <b>Consulting Olympic athletes (2)</b> Sidónio Serpa <i>Lisbon, PL</i>	-Exercise- <b>Exercise, sport and self-concept (2)</b> Dorothee Alfermann <i>Leipzig, DE</i>	
12.15 – 13.00	Student presentation of dissertation abstracts						
13.00 – 13.45	Lunch						
13.45 – 15.00	-Exercise- <b>Coaching and counselling in sport and exercise (1)</b> Reinhard Stelter <i>Copenhagen, DK</i>	-Sport- <b>Applied sport psychology (1)</b> Vana Hutter <i>Amsterdam, NL</i>	Sport- <b>Organisation of talent development - Practical experience (3)</b>	-Sport- <b>Helping athletes in career transitions (1)</b> Natalia Stambulova <i>Halmstad, SE</i>	-Exercise- <b>Emotions in sports (1)</b> Montse Ruiz <i>Jyväskylä, FI</i>	-Sport- <b>Parents in youth sport (1)</b> Jaume Cruz <i>Barcelona, ES</i>	
15.00 – 15.15	Break						
15.15 – 16.45	-Exercise- <b>Coaching and counselling in sport and exercise (2)</b> Reinhard Stelter <i>Copenhagen, DK</i>	-Sport- <b>Applied sport psychology (2)</b> Vana Hutter <i>Amsterdam, NL</i>	<i>Practicing surfing</i>	-Sport- <b>Helping athletes in career transitions (2)</b> Natalia Stambulova <i>Halmstad, SE</i>	-Exercise- <b>Emotions in sports (2)</b> Montse Ruiz <i>Jyväskylä, FI</i>	-Sport- <b>Parents in youth sport (2)</b> Jaume Cruz <i>Barcelona, ES</i>	
16.45 – 18.00	Break						
18.00 – 19.00	Welcome Party	Sport/social activities	Sport/social activities	Sport/social activities	Sport/social activities		

**The Intensive Course Program (Timetable)**  
**February 4 – 8, 2008, Lisbon, Portugal**

Time	Mon 4.02	Tue 5.02	Wed 6.02	Thu 7.02	Fri 8.02	Sat 9.02
9.00 – 10.30	<i>-Sport/Exercise-</i> <b>Diagnosing and developing talent in sports (1)</b> Anne-Marie Elbe, <i>Copenhagen, DK</i>	Free Carnival Holiday	<i>-Sport-</i> <b>Understanding and enhancing motivation (1)</b> Glyn Roberts <i>Oslo, NO</i>	<i>Sport/Exercise</i> <b>Eating disorders (1)</b> Karin de Bruin <i>Amsterdam, NL</i>	<i>-Exercise-</i> <b>Motivation to regular physical activity (1)</b> Ines Pfeffer <i>Leipzig, DE</i>	Departures
10.30 – 11.00	Coffee Break					
11.00 – 12.15	<i>Sport/Exercise-</i> <b>Diagnosing and developing talent in sports (2)</b> Anne-Marie Elbe, <i>Copenhagen, DK -</i>		<i>-Sport-</i> <b>Understanding and enhancing motivation (2)</b> Glyn Roberts, <i>Oslo, NO</i>	<i>Sport/Exercise</i> <b>Eating disorders (2)</b> Karin de Bruin <i>Amsterdam, NL</i>	<i>-Exercise-</i> <b>Motivation to regular physical activity (2)</b> Ines Pfeffer <i>Leipzig, DE</i>	
12.15 – 13.00	Student presentation of dissertation abstracts					
13.00 – 13.45	Lunch					
13.45 – 15.00	<i>-Sport-</i> <b>Group processes (1)</b> Filip Boen <i>Leuven, BE</i>		<i>-Sport-</i> <b>Understanding the dynamics of motivational states in sport (1)</b> Christoph Gernigon <i>Montpellier, FR</i>	<i>-Exercise-</i> <b>Motivation and self-esteem in physical activity (1)</b> Athanasios Papaioannou <i>Trikala, GR</i>	<i>-Sport-</i> <b>Emotion management (1)</b> Bert De Cuyper <i>Leuven, BE</i>	
15.00 – 15.15	Break					
15.15 – 16.45	<i>Sport-</i> <b>Group processes (2)</b> Filip Boen <i>Leuven, BE</i>		<i>-Sport-</i> <b>Understanding the dynamics of motivational states in sport (2)</b> Christoph Gernigon <i>Montpellier, FR</i>	<i>-Exercise-</i> <b>Motivation and self-esteem in physical activity (2)</b> Athanasios Papaioannou <i>Trikala, GR</i>	<i>PL -Sport-</i> <b>Emotion management (2)</b> Bert De Cuyper <i>Leuven, BE</i>	
16.45 – 18.00	Break				16.45 Evaluation	
18.00 – 18.45	<b>Sport psychology trends in Europe</b> Glyn Roberts, <i>Oslo, NO</i>	Sport/social activities	Information ENYSSP Caroline Jannes, BE	Sport/social activities	Farewell party	

