European Masters in Sport and Exercise Psychology

Participating universities:

- University of Jyväskylä, Finland (coordinator)
- Lund University, Sweden
- University of Thessaly, Greece
- University of Leipzig, Germany
Associate Partners of the EMSEP programme

- K.U.Leuven, Belgium
- University of Copenhagen, Denmark
- Universitat Autònoma de Barcelona, Spain
- Montpellier 1 University, France
- Vrije Universiteit Amsterdam, The Netherlands
- Technical University of Lisbon, Portugal
- Halmstad University College, Sweden
- Norwegian School of Sport Sciences, Norway
The European Commission has selected the European Masters in Sport and Exercise Psychology (EMSEP) into the competitive Erasmus Mundus Programme.

Erasmus Mundus is:
- Cooperation programme
- Scholarship programme
- Mobility programme
The aim of EMSEP

- To provide high-quality research-oriented master's-level education, through English, in the multidisciplinary field of Sport and Exercise Psychology
EMSEP Characteristics

- EMSEP programme offers educational opportunities for students of all nationalities
- The two-year full-time programme consists of 120 ECTS credits
- The students will study in at least two universities during their studies
Admission requirements

- Previous studies: Bachelor's degree with good grades in Sport Sciences, Psychology, Social Psychology or other relevant field
- Proof of English language proficiency
- Proven interest in the field of Sport and Exercise Psychology
- Basic knowledge of research methodology
Erasmus Mundus is...

- **Cooperation programme**
  - Four universities organise the programme jointly: Jyväskylä, Finland (coordinator); Lund, Sweden; Thessaly, Greece; and Leipzig, Germany
  - The programme graduates will receive a double degree (master’s degree from two universities/countries)
Generous scholarships are awarded for both European and non-European students on a competitive basis.

- Scholarships cover:
  - tuition fees
  - health insurance
  - support for living expenses

- In addition, non-European students receive support also for traveling expenses.

- In total, the scholarship amounts to € 47 000 for non-European students and € 20 000 for European students during the two years of study.

- Scholarships are also available for experienced non-European scholars who participate in teaching at the EMSEP programme.
Mobility programme

1st semester (30ECTS)
- Home university
- Introduction and language courses (Module 1)
- Advanced Knowledge of SEP (Module 2)
- Research studies begin (Module 4)
- Modules in special expertise area (Module 5)

2nd semester (30ECTS)
- Major host: Leipzig
  - IC: European Dimension in SEP (Module 3)
  - Research mission continues (Module 4)
  - Modules in special expertise area (Module 5)
  - Language courses (Module 1)

3rd semester (30ECTS)
- Second mobility period/home university
- Research mission continues (Module 4)
- Modules in special expertise area (Module 5)
- Practicum (Module 6)
- Language courses (Module 1)

4th semester (30ECTS)
- Home university
  - Dissertation (Module 4)
  - Congress & presentation skills (Module 1)
The EMSEP provides the student with:

- Research-based, interdisciplinary and high-quality teaching from leading experts in Europe
- An individualised study plan
- Hands-on experience in the field during the practicum period
- Experience of a truly international study environment, including a study abroad period at another partner university and networking with fellow students and experts
- Officially recognised double degree from two network universities
- A possible scholarship for the studies
For more information, visit the EMSEP website:

www.jyu.fi/sport/emsep
Thank you for your attention!